Bahnboon Sunday Retreat
Takes place on every first and third Sunday of the month at Bahnboon, located within the grounds of Thawsi Estate in Nakhon Ratchasima.

Anyone who wishes to join the Sunday Retreat could attend without needing to make a prior reservation. Travel by private car takes 2-2.5 hours from Bangkok. If there are any changes to the regular schedule, there will be an announcement posted on the Facebook page ‘Dhamma by Ajahn Jayasaro’.

Schedule
08.30-09.00  Morning Chanting  
09.00-09.45  Sitting Meditation  
10.00-10.45  Dhamma Talk (In Thai)  
10.45-11.00  Alms Round  
11.15-12.00  Lunch Break  
12.00-13.00  Q&A (Thai and English)

Location บ้านไร่ทอสี - บ้านบุญ (Bahn Rai Thawsi - Bahnboon)
Pak Chong, Pak Chong District, Nakhon Ratchasima 30130  
https://goo.gl/maps/tAzZxe9jXdk

Dress Code Customary white top and black bottom. Men wear long pants. Women wear a long skirt or pants with a polite white top. Please, no sleeveless shirt, shorts, or a short skirt.

Guideline for Appropriate Conduct Please maintain quietness and switch off all communication devices during the whole period of practice. Kindly take care of your children and accompanying adults to ensure peace and order. Photographs within the venue are strictly prohibited.

Remark Lunch is provided for all attendees. You may bring vegetarian food as an offering to Sangha and send them to the kitchen which is located at the entrance and before reaching the house. Please do so before the practice begins.

Additionally, you could also follow the Dhamma Talk live through facebook.com/jayasaro.panyaprataep.org, https://www.youtube.com/user/ThawsiSchool at 10.00 on the day of the retreat. Information regarding other retreats or Dhamma talks by Ajahn Jayasaro on other occasions will be posted on the primary Facebook page ‘Dhamma by Ajahn Jayasaro’.